



Dear Pius parishioner,

The Health Ministry committee at St. Pius X strives to provide you with education, screenings, activities and services that help you become the best (and healthiest) version of yourself. We would like to understand how these activities make a difference in your life, particularly regarding your overall health and well-being. These Health Ministry activities include:

Education Activities:

- Bulletin information about health-related events
- Special speakers and programs, e.g., CPR/AED training

Screening Activities:

- Blood pressure screenings
- Colon cancer screening kits distribution

Support Activities:

- Tai Chi classes
- Physical activity programs (Bethlehem Journey, Go for the Gold walking program, etc.)
- Healthy Habits challenge (drinking more water, eating more fruits and vegetables, etc.)

Individual support to answer questions, advocate and provide referrals, as needed.

If you have participated in, or been exposed to any of these ministry activities, would you please take a few minutes to complete this brief survey created by Dr. Alexander Roedlach from Creighton University? Click [here](#) to take the survey. This link may be used more than once for additional family members. Your responses will help us to better understand the value and benefit of our Health Ministry program, and how we can improve it. **Please complete the survey prior to April 30th, 2015.**

This survey is confidential and anonymous. No one, including the Health Ministry committee, will be able to identify who you are. If you have any questions, suggestions, or concerns about this survey, please contact Alexander Roedlach:

Telephone: 402-280-2567

Email: roedlach@creighton.edu

Thank you for taking the time to complete this survey!

Peace,

Margaret Hoarty
Health Ministry Committee